

Quality Living

The Book Of Ecclesiastes

What Will NOT Provide A Quality Life

- ▶ No abundant life in just living. Ecclesiastes 1:2-11
- ▶ No abundant life in knowledge. Ecclesiastes 2:12-18; cf. 1 Corinthians 1:18ff; Romans. 1:20; Acts 17:19-21
- ▶ No abundant life in wisdom. Ecclesiastes 2:14-16
- ▶ No abundant life found in pleasure. Ecclesiastes 2:1-11; cf. Luke 8:14
- ▶ No abundant life found in culture or wealth. 1 Kings 10:27; cf. verse 21; Ecclesiastes 5:10; cf. 1 Kings 8:62

Things That WILL Provide A Quality Life

- ▶ Live in the present. Ecclesiastes 7:8-9; James 4:13-14; Ephesians 5:16
- ▶ Good friends and good food. cf. Ecclesiastes 9:7-8
- ▶ A good wife/ husband. Ecclesiastes 9:9; cf. Matthew 19:9; Proverbs 31; Proverbs 12:4; 21:9
- ▶ Doing a good job. Ecclesiastes 9:10; Colossians 3:22-23
- ▶ Accept without complaint that "life is not always fair." Ecclesiastes 9:11-12; 3:11; Psalms 33:16ff; Philippians 4:13

Jesus Came To Provide Abundant Life

John 10:10 "I came that they may have life, and may have (it) abundantly."

- ▶ No real substance to life here. Ecclesiastes 12:13-14
- ▶ Abundant life is eternal life "*in Christ*." 1 John 5:11-12
- ▶ Love of God makes eternal life "*in Christ*" possible. 1 John 4:9; John 3:16; 5:24; 3:36

The Quality Life ...

- ▶ Ultimately, the abundant life is "in Christ."
- ▶ To be "in Christ" is to be born anew. John 3:5
- ▶ Seed brings forth life. 1 Corinthians 15:36
 - Word is the seed of the kingdom. Luke 8:11
 - Life and immortality brought through the gospel. 1 Timothy 1:10
 - Raised to walk in newness of life. Romans. 6:3-4

The Quality Life

- ▶ The abundant life is "*in Christ*."

1 Timothy 4:8 "for bodily exercise is profitable for a little; but godliness is profitable for all things, having promise of the life which now is, and of that which is to come."